



THE INTERNATIONAL ASSOCIATION OF LIONS CLUBS NASSAU COUNTY & BERMUDA DISTRICT 20-K2

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March 24, 2020
My Fellow Lions,

Greetings and salutations, I sincerely hope that all is well with you and your loved ones and that all remain safe and healthy. I am hopeful that as we venture down the path of these unprecedented times that we will become adaptive to the imposed mandates we are experiencing, and that, **this to... will come to pass.**

As members of Lions Clubs, we signed up with one thought in mind, to provide aid and comfort to those in need. Now, more than ever, we ask ourselves, what can we do to help in this crisis? Here are some thoughts you may wish to consider.

- Home Health Care, check on your neighbors and club members regularly by calling. If you are healthy and you have the means to do so, make an effort to help those that are most vulnerable in your community. If you know of elderly neighbors who can not make it to the store, offer to pick up groceries, prescriptions, and other supplies and offer to bring them meals, you can arrange to leave them on the porch, so you do not risk exposure. This is simple and very doable service resulting in considerable returns.
- Food Shortages, under normal circumstances, a simple food drive yields vast results from the generosity of the public. Under the current circumstances, we are discouraged from having person to person contact. In light of this, an alternative in aiding food pantries suffering from drastic food shortages is by making monetary donations. Clubs with the means to make monetary donations, this is the time to do so. Every dollar donated to food banks, soup kitchens, and charities of the same will benefit many in need and goes a long way in feeding the need. Simple and very doable service resulting in considerable returns.
- Blood Shortage, blood banks are suffering as well. Blood banks typically suffer year-round from shortages. The Food and Drug Administration and American Red Cross are urging healthy individuals to donate blood as blood drives are being canceled nationwide, putting blood supply at potential risk as concerns over the novel coronavirus pandemic grow. A single pint of Life Saving blood can potentially serve three people in dire need. There is no cause of anxiety or alarm in donating the Gift of Life. Again, this is simple and very doable service resulting in considerable returns.
- Lion members are encouraged to contact their community elected officials, local churches, and community organizations to seek other means of service that Lions may be able to fulfill.

While helping others during the coronavirus pandemic, it's vital that you also take care of yourself, first and foremost. Practice all precautionary measures recommended by the CDC and WHO.

This District welcomes and would like to share with our members any suggestions that may be of an opportunity to further our service in these particular times. Please feel free to email suggestion/s to the District Global Service Chair Lion Michelle Gagnon at michelle.i.gagnon@gmail.com.

I hope this gives some guidance and aids club members in deciding how to better provide their humanitarian attributes to those in need. Should there be anything the District can offer or assist you with, please do not hesitate to contact me.

Wishing you always to stay well, stay safe, and stay healthy.

YIL.

Jose Pastrana,
District Governor, 2019-2020